

## **“What Do You Do with Your Worries?”**

**Matthew 6:19-34**

### **THREE ATTITUDES:**

- I. You care too much about the wrong things (v. 19-24 & 32-33)
  
- II. You have a Heavenly Father that cares for you (v. 25-31)
  
- III. You have a Heavenly Father that is in control of your life (V. 34)

### **TWO ACTIONS:**

- I. You have to combat worries with the promises of His Word
  
- II. You can calm your worries with prayer