

PIVOT

Turning to God in the New Normal

Pivot: Defeating Depression

Jeremiah 20:7-18

1. Reasons we battle depression.

- We imagine divine deceit.

“for the gifts and the calling of God are irrevocable.” *Romans 11:29 (NASB)*

- We experience repeated rejection.

“On the next day, when Pashhur released Jeremiah from the stocks, Jeremiah said to him, ‘Pashhur is not the name the LORD has called you, but rather Magor-missabib.’”

Jeremiah 20:3 (NASB)

2. Results when we battle depression.

- Anger
- Hopelessness

3. Resources to battle depression

- Remember to whom you belong.
- Recommit your problems to God.
- Reconnect with God through worship.