



## “Holy Adrenaline”

Ephesians 5:15-21

### 1. What does it mean to be “filled with the Holy Spirit?”

"If you then, being evil, know how to give good gifts to your children, how much more will *your* heavenly Father give the Holy Spirit to those who ask Him?" *Luke 11:13 (NASB)*

### 2. What happens when I am “filled with the Holy Spirit?”

- *Spirit-Filled People are* \_\_\_\_\_.
- *Spirit-Filled people* \_\_\_\_\_.
- *Spirit-Filled people are* \_\_\_\_\_.
- *Spirit-Filled people aren't* \_\_\_\_\_.
- *Spirit-Filled people know God's* \_\_\_\_\_.

### 3. How can I be “filled with the Holy Spirit?”

A. \_\_\_\_\_ to be filled.

“Now on the last day, the great *day* of the feast, Jesus stood and cried out, saying, "If anyone is thirsty, let him come to Me and drink. "He who believes in Me, as the Scripture said, "From his innermost being will flow rivers of living water." But this He spoke of the Spirit, whom those who believed in Him were to receive; for the Spirit was not yet *given*, because Jesus was not yet glorified.” *John 7:37-39 (NASB)*

B. \_\_\_\_\_ sin in your life.

“Since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God” *2 Corinthians 7:1-NIV*

C. \_\_\_\_\_ daily on the Spirit.

“But I say, walk by the Spirit, and you will not carry out the desire of the flesh.” *Galatians 5:16 NASB*

D. \_\_\_\_\_ your life Christ.